

FGMB Coronavirus (COVID-19) Response

Hello FGMB Family,

On Wednesday, March 11th, the World Health Organization classified COVID-19 as a global pandemic. This letter is to let you know that staff and council take our health at FGMB seriously and we are taking steps to care for one another as Jesus asked us to. This involves staying current with the most up to date reputable information and taking steps to communicate with all of you, our congregants, what we are doing to be proactive around the challenges of this situation.

First, here is some information about the virus from Health Manitoba. You can find up to date information and guidelines here: <https://www.gov.mb.ca/health/coronavirus/>

What are we doing at FGMB?

- Evaluating all of the ways that we have contact with one another
- Modifying and limiting direct contact with one another such as limiting times where we shake hands
- As an example, we encourage you to greet one another with a hand over your heart, an elbow tap or a fist bump for the next few weeks
- Modifying how tea and coffee will be served
- Ensuring doorknobs in high traffic areas are sanitized
- Disinfecting items that are shared between people in places like the nursery, children's areas and sanctuary
- Placing signage at all sinks and hand sanitizer stations about best practice hygiene methods
- Modifying the ways that we will eat and fellowship together during our Lent series

What can you do?

- Stay up to date with current information through reputable sources
- Practice good hygiene care including handwashing, using hand sanitizer, not touching your face, coughing into your elbow
- Disinfect items that you bring to church (toys, travel mugs, anything that would be shared)
- Any person concerned about their exposure to or risk of having COVID-19 should first call Health Links–Info Sante at 204-788-8200 or 1-888-315-9257 (toll-free) to ensure they receive medical advice appropriate to their specific health concerns.

- If you have a fever, cough, runny nose, headache or feel unwell please stay at home
- If you are at home as a result of the effects of the virus we invite you to contact the church so that we can support you

The FGMB Staff and council will continue to monitor updates from our conference and government sources as best we can. We will provide updates as new information becomes available.

In Psalm 46 we are reminded that God is our refuge and our strength and our ever-present help in times of trouble. With this in mind, let us not live in fear. Rather, let us be the hands and feet of Jesus, using this time to care for one another and pray for one another.

If you have questions please contact the church office.

In Christ,
FGMB Staff and Council